



## **Heal TogetHER**

### **Job Position: Peer Supporter**

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#### **Join a movement for culturally-centered healing.**

Sista Afya Community Care is a growing nonprofit dedicated to making mental wellness care affordable and accessible for women and girls in the Chicagoland area. Through our [\*\*Heal TogetHER Peer Support Program\*\*](#), we've supported hundreds of women navigating barriers to mental health care with compassion, skill, and community.

We are seeking a **Peer Supporter** to engage in one-on-one peer support sessions, provide psychoeducation, and build connections to mental health resources. This role is rooted in the **Heal TogetHER** model of care, developed by Dr. Marion Malcome (Loyola University Chicago) and Sista Afya, which increases belonging, social connection, and support while reducing the burden of common mental health challenges such as anxiety and depression.

Peer Supporters are essential to our mission, serving as trusted guides, advocates, and role models for healing in the community.

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#### **What You'll Do:**

- Provide a **minimum of 8 one-on-one sessions per week** with community participants.
- Engage in empathetic conversations, actively listening and sharing lived experience.
- Work consistently at a designated community site at least 1 day a week to build trust and relationships.
- Maintain timely documentation of sessions and support data collection with consenting participants to evaluate program effectiveness.
- Coordinate connections to internal and external mental health and wellness providers.
- Complete **4 hours of weekly outreach** to raise awareness, engage new participants, build community partnerships, and participate in community events and health fairs to promote program awareness.
- Attend biweekly clinical supervision, one-on-ones with the Program Manager, and ongoing professional development.



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- Take part in training to educate external organizations about the Heal TogetHER peer support model.

#### **Training You'll Receive:**

- 15-hour Heal TogetHER training (manualized model of care).
- Loyola University IRB CITI training to support research and program evaluation.
- Ongoing supervision, skill-building, and opportunities to co-facilitate community workshops and trainings.

#### **What You Bring:**

- High School Diploma or GED (required).
  - **Lived experience**, such as:
    - Personal mental health recovery and treatment experience.
    - Supporting others in community health and wellness.
    - Shared identity as a woman of color.
    - Experience as a mother or caregiver.
  - Flexible work hours, including at least **2 evenings per week**.
  - Ability to balance direct service, documentation, and community engagement.
  - Strong communication and advocacy skills.
  - Compassion, empathy, and cultural competency in supporting women across diverse life stages.
  - **Preferred:** Mental Health First Aid certification.
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#### **Compensation & Commitment**

- \$22/hour
- Part-time: up to 15 hours per week, including:
  - 8 individual sessions weekly
  - 4 hours of community outreach
  - Additional time for documentation, meetings, and supervision
- Hybrid: 50% Virtual, 50% In-person (Chicago area residency required).
- Job timeframe: October 2025 – December 2026



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- **Start date: October 27, 2025**

### **Why Join Sista Afya Community Care?**

- Be part of a nationally recognized peer support model rooted in mental health equity and cultural healing.
  - Receive specialized training, supervision, and professional development.
  - Build meaningful connections in Chicago communities.
  - Join a supportive, affirming team that values lived experience and collective care.
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### **Application Process**

Submit your **resume, cover letter, and three professional references** to **hr@sistaafya.com** by **October 1, 2025**.

Applicants selected for interviews will be contacted by email. Please do not follow up with calls or emails after submission.