



She Heals Mental Health Internship

Sista Afya Community Care provides affordable and accessible community mental health care to women and girls in Chicago. The mission of Sista Afya Community Care is to build sustainable mental wellness communities through providing affordable and culturally-centered community mental wellness care and education.

The **She Heals Internship** is an internship for Master's in Social Work students, Master's in Counseling students, and emerging mental wellness professionals who have an interest in providing mental wellness services to Black women and girls.

Within the She Heals Internship program, the intern will gain:

- Direct service experience providing individual and group therapy to Black women and girls in Chicago experiencing multiple barriers to care.
- Learn best practices in providing gender and culturally-responsive care to people with mental health conditions
- Facilitate workshops and groups focused on relevant mental health topics.
- Engage in weekly professional supervision and consultation.
- Engage in best practices for clinical documentation, including conducting assessments, treatment plans, and case notes.
- Receive select free online continuing education classes to support professional interests and development.
- Participate in community engagement activities to promote agency services and build partnerships.
- Opportunity to potentially work at Sista Afya Community Care upon successful completion of the internship.

Requirements:

- Live in the Chicagoland area.
- Second Year-Master's graduate counseling or social work student.
- Interest in offering therapeutic interventions for women of color experiencing depression, anxiety, trauma, and stress-related conditions.
- Dedicated to providing accessible and affordable community mental wellness care.
- Experience providing telehealth services is a plus.
- Location: 65% Remote and 35% In-person

Time Commitment:

- Time Commitment: 15 - 25 hours per week.

Apply by emailing a resume, cover letter, and two letters of recommendation to Candice Gant, LCSW at candice@sistaafya.com by February 6, 2026.