



# Women Rising Wellness Festival

## Grounded in Community

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Saturday, May 30, 2026

Gary Comer Youth Center

Chicago, Illinois

  
*Sista Afya*  
COMMUNITY CARE



# Who We Are

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## MISSION STATEMENT

**Sista Afya Community Care (SACC) builds sustainable mental wellness communities through providing affordable and culturally-centered community mental wellness care and education.**



## ACTIVITIES

Our dynamic team provides free and affordable community mental wellness care that centers the experiences of Black women and girls ages 12 -35 on the South Side of Chicago.



## IMPACT

Since 2020, SACC has served over 2000 Black women and girls Chicago through services including individual and group therapy, workshops, peer support, wellness classes, and professional development.



**Uplifting Wellness.  
Empowering Women.**



The **Women Rising Wellness Festival** is a restorative and empowering gathering built for the community and with the community.

The festival brings together local instructors, therapists, creative practitioners, and wellness leaders to create an affirming space where **every woman feels grounded, supported, and cared for.**

# Women Rising will include:

- Mindfulness and grounding practices
- Yoga and movement sessions for all levels
- Creative healing spaces including art therapy, journaling, and sound healing
- Mental wellness workshops led by licensed therapists.
- Health screenings & wellness vendors



# Audience

- 100 women who prioritize wellness and civic engagement.
- Women ages 25- 50
- Women of Color





# 2025 Festival Stats & Testimonials



“It’s incredibly empowering to be in a space with so many Black women prioritizing their health and well-being.

Thank you for giving us this opportunity!”

***-Festival Participant***

**Average 4.5 out of 5 stars** by Festival participants in **overall satisfaction.**



- **81 women** attended the event
- **8** wellness workshops & classes
- **6** health and wellness vendors

“I had a great time at the Wellness Festival. I met like-minded women and had the opportunity to learn about wellness in fellowship with beautiful women.”

***-Festival Participant***

# Our Reach

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SACC has a reach of 20,000 women nationally through our social networks, collaborations, and grassroots connections in the Chicago community.

**Over 16k followers  
on all platforms  
combined**

 14.7k

 2.6k

**Percentage of  
Black women  
followers**

**91 %**

**Percentage of  
women  
between the  
ages of 25 -44**

**72%**



**Over 3k  
Newsletter  
Subscribers with:  
50% open rate  
3% click rate**



# How You Can Support

Your partnership supports sustainable, culturally centered mental wellness for women in Chicago. Sponsorship helps us expand access to care, invest in community led healing, and strengthen mental wellness ecosystems rooted in equity and belonging.

## What Support Can Look Like?

- Become a Sponsor.
- Be an in-kind donor.
  - Purchase products/supplies.
- Speak or facilitate a wellness session.
- Host a vendor table.
- Be a Champion of the Event and Sista Afya Community Care.

# SPONSORSHIP GIVING LEVELS

## SUSTAINER \$10,000

- Named sponsor of a wellness session
- Opportunity to address attendees at opening ceremony or lunch
- Recognized as sponsor on SACC website, monthly newsletter, social media posts, event marketing and press release (1500 wellness focused women/ e-blast)
- 5 event VIP tickets
- Dedicated sponsor sign at event.

## BUILDER \$5,000

- Recognized as sponsor on SACC website, monthly newsletter, social media posts, event marketing and press release
- Recognized on grouped sponsor sign at event
- 3 event VIP tickets

## NURTERER \$2,500

- Recognized as a sponsor on SACC website, monthly newsletter, social media posts, event marketing, and press release
- Recognized on grouped sponsor sign at event
- 2 event VIP tickets

## HEALER \$1000

- Recognized as sponsor on SACC website, monthly newsletter, social media posts, event marketing and press release
- Recognized on grouped sponsor sign at event
- 1 event VIP ticket

## ADVOCATE SUPPORTER \$500 \$250

- Recognized as sponsor on SACC website, monthly newsletter, social media posts, event marketing and press release
- Recognized on grouped sponsor sign at event
- Recognized as sponsor on SACC website and monthly newsletter
- Recognized on grouped sponsor sign at event

## PRESENTING SPONSOR \$15,000

- Named sponsor of a wellness session.
- Opportunity to address attendees at the opening ceremony or lunch
- Recognized as sponsor on SACC website, monthly newsletter, social media posts, event marketing, and press release (1500 wellness-focused women/ e-blast)
- 10 event VIP tickets
- Dedicated sponsor sign at the event
- Sponsor 5 women to attend for free.
- Mental Wellness Workshop for your company's team.

# Contact Us

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